



ACTIVITIES - JANUARY 2024



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|---|--|---|
| NEW YEAR EVE 2023 | 1 Happy New Year! 2024 | 2 11:00 Worship Service 2:30 Music Therapy | 3 10:00 Mass/ Main Chapel (2) 10:45 Ball Exercise 2:00 Baking Group 4:00 Enrichment | 4 9:00 1:1 Visits 10:30 Sing Along 2:00 Walking Group 4:00 Enrichment | 5 9:00 1:1 Visits 10:30 BINGO 2:00 Happy Hour & Chips 4:00 Enrichment | 6 Cuddle up Day |
| 7 Feast of the Epiphany | 8 10:00 Band Exercise 10:45 BINGO 2:00 Walking Group 4:00 Enrichment | 9 11:00 Worship Service 2:30 Music Therapy 4:00 Enrichment | 10 10:00 Mass/ Main Chapel (2) 10:45 Ball Exercise 2:00 Ladder Ball Game 4:00 Enrichment | 11 9:00 1:1 Visits 10:30 Sing Along 2:00 Memory Games 4:00 Enrichment | 12 9:00 1:1 Visits 10:30 BINGO 2:00 Coffee Social & Brownie Delux 4:00 Enrichment | 13 10:30 Manicures |
| 14 Dress up your Pet Day | 15 MARTIN LUTHER KING JR. <i>Day</i>  | 16 11:00 Worship Service 2:30 Music Therapy 4:00 Enrichment | 17 10:00 Mass/Marian Time 10:45 Weight Exercise 2:00 Day at the Spa 4:00 Enrichment | 18 10:30 Holy Land 11:00 Sing Along 2:00 Walking Group 4:00 Enrichment | 19 9:00 1:1 Visits 10:30 BINGO 2:00 Happy Birthday Party! 4:00 Enrichment | 20 10:45 Balloon Volleyball 2:00 Coffee Social 4:00 Enrichment |
| 21 National Hugging Day | 22 9:45 Manicures 2:00 BINGO | 23 11:00 Worship Service 2:30 Music Therapy 4:00 Enrichment | 24 10:00 Mass/Marian Time 10:45 Ball Exercise 2:00 Sport Games 4:00 Enrichment | 25 10:30 Sing Along 2:00 Craft Group 4:00 Enrichment | 26 9:00 1:1 Visits 10:00 Worship Service In the Chapel 2:00 Pop Corn Party 4:00 Enrichment | 27 Chocolate Cake Day |
| 28 Fun at Work Day | 29 10:00 Weight Exercise 10:30 BINGO 2:30 Cowgirl Lisa (Ch) 4:00 Enrichment | 30 11:00 Worship Service 2:30 Music Therapy 4:00 Enrichment | 31 10:00 Mass/Marian Time 10:45 Body Exercise 2:00 Dice Game 4:00 Enrichment |  | | *All Activities are Subject to Change * |

